

# Beyond Cancer: Practical Palliative Care Tools for Clinicians

A Continuing Nursing Education Symposium designed to provide Nurse Practitioners, Registered Nurses, Licensed Practical Nurses and Nursing Students from all practice settings basic tools to care for patients with advanced illness across the Palliative Care Continuum.

Saturday

January 31, 2015

Kimmel Center (Room 905/907)

60 Washington Square South

New York City, NY 10010

*Co-Sponsored by*

*New York University College of Nursing*

*International Advanced Practice Palliative Care Partners, LLC*

*&*

*Oral Health Nursing Education and Practice (OHNEP) Program*

## LEARNING OBJECTIVES:

*At the conclusion of this symposium, the learner will be able to:*

- Describe the pathophysiology, assessment findings and management of common oral health issues in patients with multiple chronic diseases across care settings.
- Discuss the pathophysiology, basics of PFT interpretation and pharmacological management of patients with Advanced COPD.
- Discuss the pathophysiology, basics of ECHO interpretation and pharmacological management of patients with Advanced Heart Failure.
- Discuss the pathophysiology of ALS, assessment findings and key aspects of the management of symptoms in this population as they progress from diagnosis to death.
- Utilizing a case study approach, compare pain assessment strategies utilizing age-appropriate tools and apply the principles of pharmacological management for different pain syndromes.
- Utilizing a case study approach, originate a plan of care related to the assessment and palliative management of Moisture Associated Skin Damage (MASD).
- Discuss the role of nursing in the spiritual care of patients with advanced illness.
- Explain the steps to performing basic opioid conversion, and discuss key aspects of prescribing controlled substances including I-STOP verification.
- Utilizing a case study approach, discuss the PALCARE approach to the assessment and palliative management of skin tears, pressure ulcers and gangrene.
- Discuss various communication strategies to enhance breaking serious news and therapeutic communication including; completion of advance directives and addressing strong emotions.
- Utilizing a case study approach, apply advanced pain assessment and pharmacological management principles to various complex pain syndromes.
- Describe some of the key Hospice regulations and documentation requirements as well as basic steps in determining hospice eligibility.
- Discuss the pathophysiology, assessment and management of common symptoms seen in the last hours of life.

## TARGET AUDIENCE:

Nursing Professionals and Nursing Students involved in the care of patients with advanced or terminal illness across all practice settings including; Long Term Care Nurses, Home Care Nurses, Acute Care Nurses, Hospice Nurses, Adult & Geriatric Nurse Practitioners, Family Nurse Practitioners, Palliative Care Nurse Practitioners, and Nurse Educators

## ORGANIZING COMMITTEE:

Dorothy Wholihan, DNP, ANP-BC, GNP-BC, ACHPN & Chuck Tilley MS, ANP-BC, ACHPN, CWOCN

## ACCREDITATION:

This activity has been submitted to Alabama State Nurses Association for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

## CONTACT HOURS:

Participant is awarded 6.25 contact hours for the full conference day. 4 pharmacology contact hours are designated for this continuing education activity.

## FACULTY:

Dorothy Wholihan DNP, ANP-BC, GNP-BC, ACHPN

Program Coordinator; Palliative Care Program: Nurse Practitioner Specialty Program, New York University College of Nursing

Chuck Tilley MS, ANP-BC, ACHPN, CWOCN

Palliative Care Consultant; International Advanced Practice Palliative Care Partners, LLC

Adjunct Faculty; New York University College of Nursing

Robert Smeltz RN, MA, NP, ACHPN

Clinical Coordinator/Nurse Practitioner; Palliative Care Program

New York University School of Medicine, Bellevue Hospital

## FURTHER INFORMATION ABOUT THE CONFERENCE

International Advanced Practice Palliative Care Partners, LLC; Phone: 646-455-0388 Fax: 646-455-0388 E-mail: IAPPCP@twc.com

# PROGRAM

**7:30AM** Registration and Continental Breakfast

**8:15AM** Welcome and Opening Remarks

*Dorothy Wholihan*

**KEYNOTE PRESENTATIONS:**

**8:30AM** Oral Palliative Care Across Care Settings

*Dorothy Wholihan*

**9:15AM** ABCs of Advanced COPD Pharmacology

*Chuck Tilley*

**10:00AM** Coffee Break

**10:15AM** Advanced Heart Failure: Maximizing Medication Management

*Chuck Tilley*

**11:00AM** ALS: Basics and Beyond

*Dorothy Wholihan*

**12 Noon** Lunch on Your Own

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## **Afternoon Session 1:00PM – 2:00PM**

**Session I:**

Ia: Pain Management I: Assessment and Pharmacology Essentials

*Rob Smeltz*

Ib: Palliative Wound Care: Moisture-Associated Skin Damage

*Chuck Tilley*

Ic: Spiritual Care: It's Not My Job!

*Dorothy Wholihan*

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## **Afternoon Session 2:00PM – 3:00PM**

**Session II:**

Iia: Pain Management II: Basics of Opioid Conversions and Prescribing

*Rob Smeltz*

Iib: Palliative Wound Care: The PALCARE Approach

*Chuck Tilley*

Iic: Communication: Issues in Palliative Care

*Dorothy Wholihan*

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## **Coffee Break and Refreshments 3:00PM – 3:15PM**

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## **Afternoon Session 3:15PM – 4:15PM**

**Session III:**

IIIa: Pain Management III: Complex Pain Management

*Rob Smeltz*

IIIb: Hospice 101: Understanding Key Regulations & Eligibility

*Chuck Tilley*

IIIc: Symptom Management for Patients in the Last Hours of Life

*Dorothy Wholihan*

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**Adjournment 4:15 - 4:30**

## REGISTRATION FORM

# Beyond Cancer: Practical Palliative Care Tools for Clinicians

Saturday, January 31, 2015

Please register using this form to mail or fax. (Please print clearly)

Name \_\_\_\_\_ Title \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

Specialty \_\_\_\_\_ Affiliation \_\_\_\_\_

E-mail \_\_\_\_\_

*(Be sure to include your e-mail address as confirmation/receipt will be sent electronically)*

### TUITION FEES\*

Please place an **X** in the appropriate box.

Nursing/Nurse Practitioner Student  \$50.00

Nurse/Nurse Practitioner  \$75.00

Other Professional  \$50.00

\*Tuition includes continental breakfast, coffee breaks, and a course syllabus.

Check payable to "International Advanced Practice Palliative Care Partners" is enclosed

Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

VISA  MasterCard  American Express

### BREAKOUT SESSIONS

Please select the three breakout sessions you plan to attend by placing an X in the appropriate box.

Afternoon Session 1:00PM – 2:00PM  Ia  Ib  Ic

Afternoon Session 2:00PM – 3:00PM  IIa  IIb  IIc

Afternoon Session 3:30PM – 4:30PM  IIIa  IIIb  IIIc

**Payment must accompany registration form.**

- Fax: 646-455-0383
- Mail: IAPPCP, 18 Commerce Street, New York, NY 10014

### CANCELLATION POLICY

A refund less a \$30 administrative fee will be issued upon written request. No refunds will be made after January 15<sup>th</sup>.