Teaching “TOSH” at NYU

Nearly 400 students from NYU’s nursing, dental, and medical programs teamed up for three days to get hands-on training in how to integrate oral health assessment into all aspects of patient care. The educational program, called TOSH (Teaching Oral-Systemic Health), is an interprofessional curriculum that teaches healthcare students team-based ways to prevent and treat oral health problems.

Oral health problems are associated with overall health problems like diabetes, heart and lung diseases, and some cancers, making it even more important to coordinate care. The course took place last Fall at the New York Simulation Center for the Health Sciences.

TOSH’s goal is to give health care students the interprofessional skills they need before they begin their careers. The TOSH teaching modules are replicable and designed to be adapted by other health care institutions.

"The enthusiastic teamwork of the students was wonderful, and the learning experience even richer than we expected," says Dr. Judith Haber, associate dean of graduate programs in the NYU College of Nursing, who is leading the TOSH initiative.

TOSH is funded by a three-year, $1.2M Advanced Nursing Education Program grant from the Health Resources and Services Administration.

The New York Nurse-Family Partnership Program Integrates Oral Health!

The New York Nurse-Family Partnership (NFP) Program, a chapter of the National Nurse-Family Partnership Program, empowers vulnerable first-time moms to provide responsible and competent care for their children, and become more economically self-sufficient. Maternal and child health nurses play an important role in the NFP’s success. Their specialized knowledge helps them to establish trusted relationships with young, at-risk mothers during home visits by providing guidance for not only physical, but also emotional and social challenges, that these first-time moms face as they become parents.

As one of the NFP’s core values is education, OHNEP team members were invited by the New York Department of Health to introduce oral health content for the NFP nurses at their professional development conference. Relevant oral health care is important for high risk pregnant moms and their babies, because it protects a woman’s health and quality of life and reduces their baby’s risk of early childhood caries, the most common chronic disease of childhood. Integration of oral health promotion into Nurse-Family Partnership services will help to prevent oral health problems, thereby improve overall health of the first-time moms and their babies.

OHNEP will be offering interprofessional oral health virtual blended learning pods to NFP state chapters beginning in April with NFP programs in California and Illinois.
Dramatic Growth of Interprofessional Oral Health Projects across the U.S.

Since the Oral Health Nursing Education and Practice (OHNEP) initiative was launched in 2011, our national interprofessional oral health team has only been growing. Three short years later, more than 60 interprofessional oral-systemic health projects, involving nurses, nurse practitioners, midwives, physicians, physician assistants, dentists and dental hygienists, pharmacists, and other professionals have been launched in 33 states!

One of the OHNEP 2013 grantees, Rush University, developed an innovative teaching-learning resource, An Interprofessional Approach to Oral Health in Adolescents for Improved Birth Outcomes. This program, led by the Rush University College of Nursing, was developed for interprofessional staff and students at 3 school-based health centers in Chicago that serve students from neighborhoods with high poverty rates, teen pregnancy rates and perinatal morbidity and mortality rates. The resource consists of the Smiles for Life “Oral Health and the Pregnant Patient” module, ambulatory clinical teaching, and small group discussions regarding interprofessional roles in promoting and addressing oral health in teen pregnancy.

Another outstanding program, Interprofessional Collaborative Practice between Nursing and Dental Students via a Technology Enhanced IPE Model Focused on Oral-Systemic Health, developed by the University of Louisville Schools of Nursing and Dentistry is funded by an Advanced Nursing Education grant from HRSA. Designed to address Kentucky’s critical gap in access to oral health care, IPE seminars, web-based problem-based clinical learning experiences featuring the Smiles for Life curriculum, team-based clinical simulation advanced assessment experiences using standardized patients, and a dental school-based NP systemic health consultant were used to promote interprofessional oral health and team competencies. Driving forces contributing to early success are supportive deans, enthusiasm of faculty and students, and a shared vision about the importance of team-based, patient-centered oral-systemic health promotion.

Smiles for Life: A National Oral Health Curriculum

OHNEP is pleased to share exciting news about the recent Smiles for Life: A National Oral Health Curriculum (www.smilesforlifeoralhealth.org) update! As oral health is a natural forum for interprofessional education and practice, the Smiles for Life Steering Committee has integrated content related to the IPEC interprofessional competencies in each of the 8 Smiles for Life modules. Module 1, The Relationship of Oral to Systemic Health, includes IP module objectives and content about the IPEC competencies. Each module has an IP case study dedicated to teach and reinforce the oral health focus of each module. An IP Tool Kit is located under the Resources tab with links to national and international IP organizations and their open access classroom and clinical materials.

We invite you to use the Smiles for Life link on our OHNEP website (www.ohnep.org) to access the pioneering addition to this important interprofessional curriculum.

Smiles for Life is endorsed by the following nursing organizations:

- National Organization of Nurse Practitioner Family
- National Association of School Nurses
- Association of Faculties of Pediatric Nurse Practitioners
- American College of Nurse-Midwives
- GAPNA - The Gerontological Advanced Practice Nurses Association
- Pediatric Nurse Practitioner Association

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